

## COFFEE & SPECIAL

COCONUT MILK SOY MILK ALMOND MYLK OAT MYLK PISTACHIO MYLK +\$1

**ESPRESSO DOUBLE** \$3.95  
**CORTADITO** \$4.50  
**MACCHIATO DOUBLE** \$4.50  
**CAPPUCCINO** \$5.95 | ICED \$6.50  
**LATTE** \$5.95 | ICED \$6.50  
**AMERICANO** \$4.25 | ICED \$4.25  
**COLD BREW ON ICE** \$6.50  
**ESPRESSO** \$2.95

**ARTISANAL TEAS** HOT \$4.00 | ICED \$5.00  
**HOT TEA** | earl grey crème/tali's masala chai  
**ICED TEA** | passionfruit jasmine  
**MATCHA LATTE** HOT \$7.00 | ICED \$7.50 Japanese Matcha "GREENLY"  
 choose your milk  
**STRAWBERRY MATCHA LATTE** ICED \$8.95  
 Japanese Matcha, Fresh strawberry, Milk  
**UBE MATCHA LATTE** ICED \$7.95  
**TIRAMISÙ LATTE** ICED \$9.00  
 House Espresso, Milk, Mascarpone Cream, Ladyfinger  
**LAVENDER MATCHA** HOT 7.50/ ICED 8.00  
 Japanese Green Tea, Lavender Syrup, Milk  
**SPICED CHAI LATTE** HOT \$7.00 | ICED \$7.00  
 Spiced chai latte, Honey, MILK

### SPECIALS CAPPUCCINO

**RAFFAELLO - PISTACCHIO** \$7.95  
**NEW BEET LATTE** \$6.95 | ICED \$6.95  
 Fresh beetroot, vanilla, Milk

## SMOOTHIES - FRESH JUICE

**ORANGE JUICE**  
 Freshly Squeezed Oranges \$ 7.95  
**BEET BLITZ JUICE**  
 Fresh Beetroot, Strawberry, Oranges, ginger \$9.95  
**STARLIGHT JUICE**  
 Pineapple, Carrots, Orange, Lime, ginger \$9.95  
**VITAMIN JUICE**  
 strawberry, blueberry, pineapple, orange \$9.95  
**EVERYTHING GREEN JUICE**  
 Spinach, Cucumber, Pineapple, Avocado, Honey \$9.95

**STRAWBERRY & BANANA**  
 Fresh Strawberry, Banana, Apple juice \$9.95  
**MANGO & PASSION FRUIT**  
 Mango, Passion Fruit, Apple Juice \$9.95  
**IRENE SMOOTHIE**  
 Pineapple, Spinach, Lime, Apple Juice, Mint \$11.95  
**LA VIE BELLE SMOOTHIE**  
 Blueberries, Raspberries, Peanut Butter Organic rolled Oat, Amond Milk, Flax Seed, Banana \$11.95

## GYM SHAKES

**CHOCO WORKOUT**  
 Raw cacao, banana, date puree, collagen  
 Whey protein, unsweeted almond milk \$12.50  
**SUPER BLUE**  
 Whey Vanilla protein, collagen, blue spiruline  
 banana, date puree, Oat milk \$12.50

**POST WORKOUT**  
 Banana, Spinach, Strawberry, Almond  
 Butter, Almond Milk, Whey Vanilla Protein &  
 collagen \$12.50  
**PROTEIN MATCHA**  
 Japanese matcha, Whey Vanilla protein, collagen,  
 date puree, banana, unsweeted almond milk \$12.50

Add Creatin \$1.30 - Extra collagen \$1.30 CHOOSE YOUR PROTEIN PLANT PROTEIN

## REFRESHING DRINK - FRAPPÈ - MOCKTAILS

**PEACH ICED TEA**  
 Peach Syrup, Lemon, Mint \$6.00  
**WATERMELON ICED TEA**  
 Watermelon Syrup, Watermelon  
 Chunks, Mint, Lemon \$6.00  
**ROSE LEMONADE**  
 Rose Syrup, Lemonade, Butterfly Pea  
 Flower \$7.50  
**MOJITO LEMONADE**  
 Lemonade, Mojito Syrup, Mint, Lime \$7.50

**VANILLA \$8.95**  
 Add coffe \$1.00

**PISTACHIO \$11.95**

**STRAWBERRY & COCONUT**  
 \$10.95

**OREO \$10.95**

**PINA COLADA**  
 Pineapple Juice, Pina Colada, Coconut  
 Cream \$13.00

**CREAM MARTINI**  
 Evapored Milk, Espresso, Vanilla, Maple  
 Syrup, Double Cream \$13.00

**MOJITO**  
 Mint, Lime, Sprite \$11.00

add Flavor \$1 | Strawberry, Pomegranate

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*Adventure awaits but first Coffee*



Something Sweet

## ALL DAY BREAKFAST

### AVOCADO SMASH TOAST

Toasted sourdough topped with smashed avocado, cucumber, radish, Lime, olive oil \$11.95  
Poached egg \$2.95 + smoked salmon \$7.95

### EGG SANDWICH

bagels: sesame | plain  
boiled eggs, arugula, tomato, mozzarella, smashed avocado, olive oil, red pepper flakes \$14.95  
+ turkey bacon \$4

### VEGGIE OMELETTE

Eggs, spinach, Provolone Cheese, Mushroom served with avocado, arugula, toasted Bread \$15.95

### EGG ROYALE

Toasted Muffin, Smoked Salmon, Poached Eggs, Hollandaise Sauce, Pomegranate Seeds, Micro Cilantro \$16.50

### CROISSANT SANDWICH

Pasture-raised Egg scramble with mozzarella served on plain croissant with tomato, side of spicy aioli \$12.95. +turkey bacon \$4.00

### EGG BENEDICT

Toasted Muffin, Avocado, Turkey Bacon, Poached Eggs, Pomegranate Seed, Hollandaise Sauce \$15.95

### EGG FLORENTINE

Toasted Muffin, sautéed Spinach, Poached Eggs, Pomegranate Seeds, Hollandaise Sauce \$14.95

### YOGURT BOWL

Greek yogurt topped with vegan granola, dried mango, kiwi, pineapple, strawberry, banana, blueberry local honey \$13.95

### FULL BREAKFAST

Mini Bruschetta Prosciutto & Philadelphia, mini bruschetta Smoked Salmon & Philadelphia Avocado, Grilled Tomato, scramble Eggs, Mix Fruit. Served with Toast and Jam \$21.95

### VEGETARIAN BREAKFAST

Mini Bruschetta Mushroom & Cheese and Spinach & Eggs, Grilled Tomatoes, Avocado, Roasted onions, side of spicy aioli, Mix Fruit. Served with Toast & Jam \$19.95

### 2 EGGS ANY STYLE

Your choice of scrambled eggs or sunny side up, turkey bacon, avocado, toasted sourdough, orange jam \$12.95

### TUNA NY

Bagel Filled with tuna mixed light mayo, cucumber tomatoes and arugula \$16.95

### BAGEL CHEESE

Toasted bagel and whipped cream cheese \$6.95

### SALMON & CHEESE

Everything bagel filled with smoked salmon, philadelphia cheese, tomatoes, cucumber arugula \$16.95

## SALADS

### EGG SALAD

Lettuce, 2 hard-boiled eggs, cucumber tomatoes, parmigiano reggiano, avocado side of aioli spicy dressing \$ 12.95

### GARDEN CHICKEN SALAD

Antibiotic-free Chicken, avocado, radish Strawberries, cucumber, baby gem lettuce side of dressing ponzu \$16.95

### LA VIE BELLE SALAD

Black beluga Lentils, Quinoa, farro avocado, arugula, cucumber, lemon dressing \$17.95

### CAESAR SALAD

Lettuce, croutons, parmigiano reggiano caesar dressing \$11

### ITALIAN SALAD

Burrata D.O.P, cherry tomatoes, arugula roasted walnuts, balsamic glaze \$ 15.95

## ADD PROTEIN

smoked salmon \$ 7.95

antibiotic-free chicken \$5.95

boiled eggs \$4.95

## ITALIAN SANDWICHES

### PISTACCHIOTTO

Ciabatta with italian cooked ham, stracciatella pistachio pesto, tomatoes \$15.95

### PROSCIUTTO PARMA

Focaccia prosciutto crudo di parma (AGE 24 MONTHS) arugula, tomatoes, cucumber, provolone cheese \$14.95

### PROSCIUTTO PARMA & FIGS

Focaccia prosciutto crudo di parma (AGE 24 MONTHS) Brie cheese, Figs, Honey \$ 14.95

### BLU CHEESE & PEAR

Ciabatta with italian cooked Ham, Pears gorgonzola blue cheese, roasted Nuts \$14.95

### HAM CIABATTA

Focaccia with italian cooked ham, lettuce, tomato mozzarella \$13.95

### TURKEY FOCACCIA

Focaccia with tiny sliced turkey, tomatoes lettuce, mozzarella \$13.95

## ADD

Mushroom \$3.95

smoked salmon\* 7.95  
Avocado \$4.00

antibiotic-free chicken 5.95  
soft-boiled eggs 4.95

## ORGANIC ACAI BOWL

### SIGNATURE BOWL

Raw organic acai blended, granola, banana, berries, pistachio, black. sesame seed \$14.95

### LA VIE BELLE BOWL

Raw organic acai blended, granola, banana, berries, mango chips, almond butter \$14.95

## YOGURT

### YOGURT PARFAIT

Greek yogurt, Granola, Fruit berries \$6.50

### YOGURT FRUIT BOWL

Greek yogurt, vegan vanilla protein, almond milk, granola, strawberry, passion, fruit cranberry, raspberry, dry mango, maple syrup \$14.95

## SANDWICHES

### TUNA

Toasted ciabatta, Light Tuna, avocado, cucumber, arugula, onion, carrot, cilantro, sesame seed, spicy aioli, ponzu yuzu \$18.95

### CHICKEN

Toasted ciabatta, antibiotic-free chicken, avocado, mozzarella, red onion, tomato, mixed greens, Balsamic vinaigrette, side of Dressing Ranch Homestyle \$16.95

### HAM CLUB SANDWICH

Two pieces of toasted bread spread with mayo, ham, slice lettuce, crisp bacon \$15.95  
Add Avocado \$4.00.

### CHICKEN CLUB SANDWICH

Slice bread, provolone cheese, bacon, tomato, avocado, lettuce and aioli dressing \$15.95

### PESTO CHICKEN

Toasted ciabatta, antibiotic-free chicken, arugula, tomato, sour cream, pesto sauce, balsamic glaze drizzle, side of dressing ranch homestyle \$18.95

make in a wrap or ciabatta gluten free \$2.50

## WRAPS

### CRUNCHY VEGGIE

Spinach, avocado, cucumber, tomatoes, carrot, onion, balsamic vinaigrette, side of dressing ranch homestyle \$15.95

### AVOCADO -EGG WRAP

Mix avocado, melted provolone cheese, scrambled eggs, sautéed spinach, homemade spicy yogurt sauce \$15.95

### CRANBERRY TURKEY

Tortilla wrap with Turkey, Dried Cranberry, Provolone cheese, Greek yogurt & Lettuce \$14.95

### SUPER CHICKEN

Grilled chicken, quinoa, avocado, basil pesto sauce and cottage cheese \$18.95

make in a wrap or ciabatta gluten free \$2.50

## EGG BITES

### VEGGIE

2 Eggs bites served with pepper, scallion, spinach, cottage cheese \$8.95

### TURKEY & GRUYER

2 Eggs bites served with turkey bacon, cottage cheese and gruyère \$8.95